

## **SuPoshan Interventions**

Assessment

Screening

Referral to health care

Consistent Follow-up

Awareness building

Knowledge Sharing Individual & family counselling

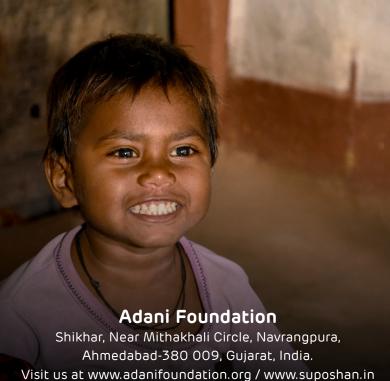
Capacity Building

Community participation

Strengthening access to services

Strengthening Poshan Abhiyan

Convergence





# SuPoshan

Connecting the dots...



### SuPoshan recognises the contributing factors and holistically addresses their impact on life

#### IMPACT ON LIFE



Prone to micronutrient deficiencies



Frequent illness



Poor learning ability



Dependency on others, inability to take decisions



Repeated pregnancies with Low-Birth-Weight (LBW) babies

#### **CONTRIBUTING FACTORS**



weakness

Unaware about right

eating habits





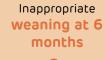


Breastfeeding Lack of exclusive breastfeeding for first 6 months



Failure to initiate early & full





Lack of **new born** care practices



Poor hygiene and sanitation





Lack of access to

clean drinking

water

Reduced **feeding** during illness



Gender based discrimination

#### **IMPACT ON LIFE**



Impaired physical and mental growth

Prone to

infections

Slow motor

development

Loss of Muscle

mass



Poor scholastic performance



Less active







Lack of resourcesmoney, time

Non-availability of adequate health services



Poor menstrual &

personal hygiene

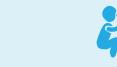
Myths and superstitions

Children (0.5 Years) Malnutrition & Anaemia

Poernourished Adolescent











Lack of confidence, communication skills and decision making abilities







Lack of awareness about biological, physical and emotional changes



Inadequate **nutritious** 



Poor menstrual hygiene Frequent infections



Peer pressure

Poor economic condition



Gender based Discrimination

Poor life skills



Lack of formal education







School dropout,

incomplete